

THE RAGE RUNDOWN

JULY 2025



MARK YOUR CALENDARS

JULY 24
COLLEGE ID CAMP

JULY 25-27
RAGE COLLEGE SHOWCASE

AUGUST 9-10
RAGE SUMMER CUP

[HTTPS://PLEASANTONRAGE.ORG/](https://pleasantonrage.org/)

RECREATIONAL PROGRAM - DEADLINE TO REGISTER AUGUST 1ST!!!



Registration for our 2025 Recreation soccer program is open for players ages 4-18. Sign up by **August 1st** to secure your spot before registration closes! After August 1st, you'll be placed on a waitlist. Get ready to make new friends, meet classmates, and have a blast playing soccer together. Whether you're learning the basics or sharpening your skills, you'll enjoy teamwork, fun, and activity on the field all season long!

If you are interested in volunteering to coach a team, please reach out to Recreation Director Megan Walinski at: @meganwalinskipleasantonrage.org. As a coach, you'll have the opportunity to request up to three players to be placed on your team. You'll also receive a \$150 volunteer coach reimbursement as a thank you for your support. No coaching experience is necessary and we've got you covered with practice plans and resources to support you throughout the season.

If you have already registered then sit back and relax! You will be hearing from your volunteer coach in early August. If you have not heard from someone by Monday, August 11th please contact us.

New for Fall 2025!

All U6/U7 games and practices will be held on Saturdays only at Ken Mercer Sports Park (Field 1). Practice will take place just before your scheduled game. Optional mid-week training opportunities may be offered as well.

U6 Fall Schedule (Starting August 23):

Saturdays, 1:00 – 2:30 PM

U7 Fall Schedule (Starting August 23):

Saturdays, 2:30 – 4:00 PM

Location: Ken Mercer Sports Park, Field 1



[Read more about our RAGE Recreational Program](#)

REFEREE PROGRAM



Interested in becoming a new referee, looking for continued referee education, mentoring, or need to renew your referee licensing? We need you!

The benefits of becoming a referee are vast for adults and youth alike. We are very much in need of **ADULT** referees. For youth players (eligible at 13 years+) looking to get into refereeing, benefits include: an opportunity to earn money, grow your knowledge of the game, learn responsibility in the workplace, grow your time management skills, and much more.

We are invested in the growth of our referee pool and are providing the following financial incentives for new referees. We are offering a \$125 reimbursement for anybody who becomes newly certified or recertifies between now and December, 2025. New referees will be reimbursed by RAGE after working 5 RAGE home games between now and December 2025, upon the completion of these games. We have an additional bonus structure available for referees the more games they ref with us this Fall, that can be found at the link below.

Here is the list of our upcoming first time referee courses:

- August 8/1 Friday 5-8 PM 1998 Rancho Park Loop Rd, San Ramon ([Link to register](#))
- August 8/29 Friday 5-8 PM 1998 Rancho Park Loop Rd, San Ramon ([Link to register](#))
- Sep 9/19 Friday 5-8 PM Robertson Park 3200 Robertson Park Rd, Livermore ([Link to register](#)).
- Oct 10/3 Friday 5-8 PM Stanford Medicine Sports Complex, 7001 Pleasanton Ave, Pleasanton ([Link to register](#)).
- Nov 11/7 Friday 5-8 PM Stanford Medicine Sports Complex, 7001 Pleasanton Ave, Pleasanton ([Link to register](#)).



[Read more about the Referee program on our RAGE website](#)

ECNL-RL GOLDEN STATE LEAGUE



We are thrilled to be a founding member of the new **ECNL-RL Golden State Conference**, which will launch in the 2025-2026 season. The new league is **exclusively for Northern California ECNL member clubs' second teams**. The format will mirror the ECNL structure and teams will have increased opportunities to attend ECNL-RL National Events and qualify for ECNL-RL playoffs.

This new structure will **enhance competition and development opportunities** for our ECNL-RL players by providing high-quality match days against ECNL clubs that share similar player development goals. This also allows for further integration into our ECNL ecosystem and the direct player pathway that this provides.

[Read the official press release from ECNL](#)

We are proud to be one of only 10 clubs in ALL OF NORTHERN CALIFORNIA competing in...



COACHES CORNER - NEW POSITIONS



MIKE HERMAN - ECNL GK COACH



We are excited to announce that *RAGE* 2008 ECNL Coach Mike Herman will be joining our **Goalkeeper (GK) Coaching Staff** for the 2025–2026 season! Mike will work alongside **Jimmy Adranly** and **Marissa Kalchick**, focusing on the development of our ECNL goalkeepers.

Mike is a former collegiate goalkeeper with extensive coaching experience across all levels of the game - including youth, collegiate, semi-professional, and professional. His deep knowledge of the position, combined with his passion for player development, makes him a valuable asset to our GK program. We are thrilled to see Mike step into this expanded role and look forward to the impact he will make on our goalkeeper training and development.

ALENA THOM - CO-FITNESS DIRECTOR



We're thrilled to announce the newest addition to our RAGE Strength & Conditioning team, **Coach Alena Thom**, who will be working alongside returning coaches **Jonathan Decker** and **Brandon Kearney**.

Coach Alena brings a wealth of experience in **strength and conditioning**, with a proven track record of developing athletes at various levels. Her approach emphasizes injury prevention, athletic performance, and building long-term strength foundations—all aligned with RAGE's mission to support our athletes in reaching their full potential.

As we continue to grow and evolve our fitness program, Coach Alena's addition represents a key step in pushing our standards even higher. Her energy, knowledge, and commitment to excellence will play a major role in enhancing the overall development and performance of our athletes.

[Learn more about Coaches Mike & Alena](#)

COACHES CORNER - NEW RESOURCES



MEGAN WALINSKI - MENTAL PERFORMANCE COACH & PARENT EDUCATOR



We're thrilled to announce a powerful addition to our **Leadership and Mental Skills Programming**: **Megan Walinski** will be stepping into a new role as **Mental Performance Coach & Parent Educator**!

Megan brings a wealth of experience in mental performance training and will play a key role in enhancing our offerings for the **2025–2026 season**. In addition to **Mariah Cameron** of **You+You Performance Coaching**, Megan will help our athletes build **confidence, focus, resilience, and leadership** — both on and off the field.

In addition to her work with players, Megan will lead **Parent Education sessions** throughout the year, equipping families with tools to better support their players as they grow through the beautiful game of soccer.

After having such a positive impact as our **Recreational Director**, we're excited to have Megan take on these additional roles, and thrilled for the added impact she'll have on our program and players!



[Learn more about Coach Megan](#)

USL W LEAGUE 2025 SEASON RECAP



As our 2025 USL W League season comes to a close, we want to extend our heartfelt thanks to our players, fans, families, and the entire community for making this year truly special. From the Season Kick-Off party at Parktown Pizza, to the electric atmosphere of our six RAGE home games, your support in the stands meant everything. Themed events like Fan Fest, Pride Night, Daddy/Daughter Night, and Orange Out brought energy, unity, and unforgettable memories to every match, turning each game into a true celebration of soccer and community. **On the field, the team delivered inspiring performances and thrilling moments:**

- Home game wins over Academica, Marin FC Sirens, Olympic Club and SF Glens
- A hard-fought draw on the road at Oakland Soul
- A dramatic 3-4 battle at Stockton Cargo, this year's NorCal Division Champions
- And for the first time in program history—a 2-0 win over last year's NorCal Division Champions, California Storm, at their place

Led by Head Coach Sarah Fawcett, the team played with passion, resilience, and heart all season long. Standout performances from Marta Pelegrin, Elise Ziem, Trinidad Quiroz, and Sydney Head helped define a campaign full of grit, growth, and determination. We're proud to share that we finished 4th in the NorCal Division—**our best standing in three years of USL W competition**. It's a testament to the hard work, spirit, and progress of this incredible group.

[Read more about our incredible season](#)



FUNDRAISING & SOCIAL EVENTS

Committee Goals

Fundraise for Financial Aid & Scholarships
Create events for club engagement & connection
Promote RAGE in the community



We are on the hunt for committee members & volunteers!

Please email Lytia@PleasantonRage.org if interested in supporting our future events!

Upcoming Events



AUGUST 16th

PARADE

Look out for our tents pre/post parade for donuts & more! Raising funds while engaged with our Recreation Community.



AUGUST

LADIES NIGHT

Sip, socialize, and celebrate with all the amazing ladies of RAGE! More to come on date and location!



SEPTEMBER 13th

RAGE DAY

A family friendly event to bring the club together and celebrate our soccer community.
(Club Picture Date @ Ken Mercer)



NOVEMBER 1st

ORANGE & GOLD GALA

Joint event with BUSC to support Financial Aid & Scholarships! This will be our main fundraising event for the year - so let's go BIG! DoubleTree Hotel in Pleasanton, Tickets on sale in August.

Volunteers & support needed for:

Event Planning | Event Logistics | Vendors & Donations | Ticket Sales